



Dear Colleague,

We are delighted to announce that the *18th International Forum On Mood and Anxiety Disorders* (IFMAD) will be held in in Vienna from 04 to 06, July, 2019.

**IFMAD** has developed the reputation over many years of being the most interactive, stimulating and productive educational meeting in its field in Europe and since 2015 we are providing an even more comprehensive scientific and educational programme.

In a friendly atmosphere difficult clinical challenges are dissected, discussed and reformulated with high ranking experts to achieve the best evidence based path to treatment in depression, anxiety and bipolar disorder. To avoid bias, our educational program is completely independent from pharmaceutical support.

**IFMAD 2019 topics** will include: New findings on lithium, Nutritional psychiatry as it relates to mood disorders, Advances in treating bipolar depression and mixed states, Discussion on the on-line survey, Valproate in women of child bearing potential, Enduring effect of psychotherapy versus medication in anxiety disorders, Hypochondriasis as an OCD disorder (ICD11)-Therapeutic implications, Personalized treatment of TRD, Esketamine in TRD-can esketamine snuff out suicidal thoughts, Advances in the treatment of TRD, Advances in technology and digital Psychiatry, Can we reopen blocked genetic pathways in TRD, New antipsychotics in the treatment of depression, Baclofen in anxiety disorders with alcohol dependence, Treatment of disorders of problematic use of internet, Inflammation in mood and anxiety disorders-Therapeutic implications.

To participate to the congress, we will be delighted to offer to every member of your association a **15% discount** to the registration according to the geographic area.

In order to benefit from this discount, we kindly invite to contact us at [ifmad@publiccreations.com](mailto:ifmad@publiccreations.com)

We kindly inform you that we do cross promotion for other congresses. In case you are interested, do not hesitate to send us your banner. It will be published on the [upcoming events section](#) of the IFMAD website.

In exchange, we would be grateful if you could add the IFMAD banner to your website linked to our congress website: <http://www.ifmad.org/2019/>.

We remain at your availability, should you need any information.

Kind regards,  
**Organising Secretariat**

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