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November 2016

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EUFAMI receives UPA Recognition Award

We are very proud to announce that EUFAMI received the UPA (United to help) recognition award that honours people and organisations who play a leading role in the fighting against mental ill health stigma and discrimination. Vice President Martine Frager-Berlet accepted the award on behalf of EUFAMI from Filipa Palha on November 26th during ENCONTRAR+SE's 10th Anniversary celebratory charity dinner.



Endorse our Joint Statement on Mental Health at EU Health Policy Platform

EUFAMI, together with Mental Health Europe, developed a joint statement on mental health which our Secretary General presented to the EU Health Policy Forum on Monday Dec 5th. The paper highlights the need for parity of esteem and a lifecourse perspective on mental health, as well as the importance of attention for mental health at work and in primary care. We invite you to [comment on and endorse](#) this paper, addressed to health policy stakeholders and the EC.



FROM THE EU

Annual Growth Survey 2017

Driven by population ageing and technological developments, long-term care is expected to increase significantly in the coming decades. That's why the European Commission called for fully-fledged and accessible health and long-term investments in care services by member states as a part of the [Annual Growth Survey \(AGS\) 2017](#).



"Health at a Glance: Europe 2016"

A OECD, the EC and the WHO Health Observatory report, [Health at a Glance: Europe 2016](#), presents recent trends on health and health systems across the 28 Member States. It reveals that Europeans live longer, not always in a good health. The economic crisis led to large cuts in prevention budgets and the report argues that prevention, and more effective, accessible, and resilient healthcare could save lives and billions of euros. The next step is the production of a country health profile for each Member State. EUFAMI welcomes the report and recommendation to invest in prevention but hopes that more attention will be paid to mental health in the country profiles.

2017 EU budget

On November 17th, the EU institutions reached an agreement on the [2017 EU budget](#) with a focus on making Europe more competitive and more secure. It increases investment in growth, jobs, and competitiveness and set s aside more budget to address the root causes of migration, reception, and integration of refugees. Health is not amongst the priorities but the development of a [European Pillar of Social Rights](#) and work in the areas of refugees and employment offer opportunities for advocacy.

For more information, please look at the web site www.eufami.org or contact EUFAMI at info@eufami.org

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EVENTS

2nd Mental Health Conference in Athens

During the 2nd Mental Health Conference in Athens our Vice-President, Martine Frager-Berlet gave a presentation titled "Supporting families and pleading for a new psychiatry". She highlighted the results of our [C4C survey](#), introduced EUFAMI's work and a summary of our main position papers.



MEMBERS and PROJECTS

EUFAMI Southern Cluster Meeting and ENCONTRAR+SE 10th Anniversary

On 24 November EUFAMI's Southern members held their first regional meeting in Porto, discussing, among others, cooperation in advocacy and training for family members. Participants also gave their input on two research projects in which EUFAM is involved. The next day, President Miia Männikkö spoke about the family perspective on Dignity in Mental Health during ENCONTRAR+SE's 10th Anniversary and WMHD celebrations.



YOUR VOICE

GAMIAN Europe launches consultation on sexual health

Our colleagues at GAMIAN Europe have launched a questionnaire on sexual health. If you have experience of mental ill health, please go and complete the survey [here!](#)

COMING UP

- 8-10 December - Excellence in Paediatrics Conference in London. Secretary General Aagje leven will speak on the role of families in adolescent mental health
- 9 December, - "From policies to practice - from practice to policies. Creating synergies for better health in Europe" - Brussels
- 27-28 February 2017 - JA-CHRODIS Final Conference
- 6-9 March, 2017 - 7th World Congress on Women's Mental Health Rights, resilience, Recovery organized by IAWMH in Dublin, Ireland
- 1-4 April, 2017 - 25th European Congress of Psychiatry – "Together for Mental Health" in Florence, Italy – President Miia Männikkö speaking.
- 19-22 April, 2017 - 18th WADP congress on "Creative processes in psychotherapy"
- 11-14 May 2017 - 4th European Festival for Psychiatric Nursing: HORATIO and MAP
- 28-31 May 2017 - 2nd International Young Carers Conference in Malmö, Sweden
- 9-11 July 2017 - 17th International congress of ESCAP in Geneva, Switzerland.
- 30th August - 3rd September 2017 - 2017 International conference on psychosis, Liverpool, UK
- 2-5 September - 30th ECNP congress in Paris, France
- 20th-22 September 2017 - The 8th International Stigma Conference in Copenhagen, Denmark
- 5-7 October 2017 - Conceptualizing, measuring and influencing context in mental healthcare: from individual to society, ENMESH in Groningen, Netherlands
- 8-12 October 2017- XVII World Congress of Psychiatry in Berlin, Germany, President Miia Männikkö speaking

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